DISPELLING COMMON COVID-19 Vaccine Misconceptions

MISCONCEPTION:
The vaccines were rushed and were not fully tested for safety.

FACT: mRNA vaccines are the result of decades of research and have been held to the same rigorous safety and effectiveness standards as all other types of vaccines in the United States. The Pfizer vaccine, which is offered on campus, has now undergone a full review and approval by the FDA for both safety and efficacy. (Source: CDC)

MISCONCEPTION:
If you’ve already had COVID-19, you are already protected and don’t need to be vaccinated.

FACT: Although infection does offer some natural immunity, research has not yet shown how long you are protected. Emerging evidence shows that people get better protection by being fully vaccinated than by having had COVID-19. One study shows that unvaccinated people who already had COVID-19 are more than twice as likely as fully vaccinated people to get COVID-19 again. (Source: CDC)

MISCONCEPTION:
COVID-19 is no worse than the common cold or flu for someone in good health like me.

FACT: The Delta variant is more infectious, more transmissible and more likely to lead to severe illness than anything we’ve seen from COVID-19. It is making young and healthy people sicker than any previous variant, both on a national scale and in our local community. (Source: CDC)

MISCONCEPTION:
You can still get COVID-19 if you’ve had the vaccine, so why bother?

FACT: Although no vaccine is 100% effective, the COVID-19 vaccines offer remarkable protection against the virus. Breakthrough cases are still rare, and vaccinated people who do get infected have symptoms that are less severe, less debilitating and less life-threatening. Vaccinated people who do contract COVID-19 are also less likely to spread the disease to others. (Source: CDC)

The FDA-approved Pfizer COVID-19 vaccine is available at the campus vaccine clinic free of charge and without an appointment. Those who are fully vaccinated should submit proof of vaccination to the university to be excused from required surveillance testing.

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